

BEST-PRACTICE HEARING AID FITTING CHECKLIST

A professional hearing aid fitting ensures that the devices are physically comfortable, appropriately programmed, verified and explained to the patient.

Device and Physical Fit

- ☐ Devices programmed according to the latest audiogram
- ☐ Correct hearing aids, receivers & acoustic coupling confirmed
- ☐ Domes or earmoulds assessed as appropriate
- ☐ Venting assessed
- ☐ Physical comfort confirmed
- ☐ Retention confirmed
- ☐ Device position on or in the ear checked
- ☐ Feedback manager completed where appropriate

Verification

- ☐ Validated prescription used, such as NAL-NL2 or DSL
- ☐ Real Ear Measurement or speech mapping completed
- ☐ Calibrated speech or test signal used
- ☐ Soft input assessed at approximately 50 dB SPL
- ☐ Average speech input assessed at approximately 65 dB SPL
- ☐ Loud input assessed at approximately 80 dB SPL
- ☐ Prescriptive targets matched as closely as clinically appropriate
- ☐ Maximum output and loudness comfort checked
- ☐ Adjustments documented

Outcome Assessment

- ☐ Validated outcome measure used where appropriate
(Questionnaire)
- ☐ Progress towards treatment goals reviewed
- ☐ Patient-perceived benefit documented
- ☐ Further rehabilitation needs identified

Orientation & Patient Practice

- ☐ Insertion and removal demonstrated and practised
- ☐ Left and right devices identified
- ☐ Hearing aid controls explained
- ☐ Programmes explained
- ☐ Battery insertion and removal demonstrated where applicable
- ☐ Charging procedures demonstrated
- ☐ Cleaning and basic maintenance explained
- ☐ Wax filters, domes and other consumables explained

Connectivity

- ☐ Hearing aids paired to the smartphone where required
- ☐ Streaming of calls and audio demonstrated
- ☐ Hearing aid application installed and paired
- ☐ Application controls explained
- ☐ Accessories connected and demonstrated where applicable

Counselling & Documentation

- ☐ Adaptation period explained
- ☐ Realistic expectations reinforced
- ☐ Communication strategies discussed
- ☐ Warranty discussed
- ☐ Insurance cover discussed
- ☐ User settings documented
- ☐ Care instructions provided
- ☐ Emergency or troubleshooting contact information provided

Follow-Up Planning

- ☐ First follow-up appointment scheduled / discussed
- ☐ Second follow-up appointment scheduled / discussed
- ☐ Patient advised when to seek earlier assistance